

Foundation course level 1

Student application form



Applicant to complete this application form

Your current yoga teacher to complete the class confirmation form

Personal details

Title (Mr, Mrs, Miss, Ms)

First name Surname

Address

Postcode

Tel no Mobile

email

BWY no (British Wheel of Yoga membership number. Please state none if you are not a member)

Emergency contact details

Name

Tel no Mobile

Yoga history

How long have you practised yoga?

How many times a week do you attend classes?

Do you practise at home?

Name of current teacher/s?

Do they practise a particular style?
(If yes, please state. eg Ashtanga/Iyengar, etc)

Have you attended any yoga 'events'? (If yes, please give details)

What are the top 3 benefits you get from practising yoga?

1.
2.
3.

Medical history

Do you have any medical conditions or learning needs that you think I should be aware of?

Why a foundation course?

What are your reasons for applying for a place on Foundation Course 1?

Checklist

Return this form together with:

- ✓ Class confirmation form filled in by your yoga teacher.
(this can be sent after your application form if your class isn't running at the moment)
- ✓ A non-refundable deposit made payable to White Horse Yoga Limited. Alternatively this can be paid by bank transfer.
Contact White Horse Yoga for details.

I fully understand and agree that:

- ✓ I must be a member of the BWY before the course commences
- ✓ The deposit is non-refundable under any circumstances
- ✓ Once paid the final balance is non-refundable unless another applicant takes my place.

signature

date

Send this application form, together with your deposit (made payable to White Horse Yoga Limited) to:

Debby Wilkinson
White Horse Yoga Centre
Roundway Hill Business Centre
Devizes
SN10 2LT